# IAALD 2013 Local Guide

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Conference Venue

All conference sessions will take place on the Cornell University campus. The principal conference venue is Albert R. Mann Library, a state-of-the-art teaching and research facility serving Cornell’s Colleges of Agriculture & Life Sciences and Human Ecology.

http://mannlib.cornell.edu

Visitor Information and Services

Transportation and Parking

Parking near the library is available along Tower Road and behind Rice Hall. When first arriving on campus, check with a Transportation Services information booth for parking locations and to purchase a half- or full-day permit ($6/$10). Metered parking is also available in some locations.

Visitor parking information and location of parking lots: http://transportation.cornell.edu.

Ithaca has excellent bus service provided by Tompkins Consolidated Area Transit (TCAT). Routes, maps, and service updates are on the TCAT site: http://tcatbus.com. Fare within the city limits is $1.50 one-way, exact change required. A convenient way to get to and from the campus and downtown areas on weekdays is Route 10, which runs frequently and stops at Sage Hall (downtown direction) and the Statler Hotel (campus direction).

The distance between campus and the downtown is walkable. Keep in mind that it’s a steep uphill climb on the way back to campus.

There are two locations to obtain rental cars. The Tompkins County Regional Airport is served by AVIS and Hertz. See http://flyithaca.com. There is also an Enterprise rental car facility at 702 West Buffalo Street, 607.275.9000, http://enterprise.com.

New York State law on cell phone use by drivers: No person shall operate a motor vehicle while using a mobile telephone to engage in a call while the vehicle is in motion, unless that person is using a hands-free device. Text messaging while driving is prohibited for all drivers.
Emergency Medical Services

In an emergency: Call 911. If you call 911 on a cell phone anywhere in Tompkins County, the call is routed to an emergency response center.

Call 607.255.1111 for the Cornell police. On campus, pick up a “blue light” phone, which is connected directly to Cornell police.

Cornell’s Gannett Health Services clinic (located on Ho Plaza) serves mostly students but will assist conference attendees who need access to pharmacy services or are unable to get to a medical facility from campus. Call 607.255.5155.

Other health care options:

Convenient Care Center
10 Arrowwood Drive
607.274.4150
Open every day 7:00 AM to 10:00 PM for walk-in medical care.

Cayuga Medical Center has the nearest emergency room and is located on Route 96, on the west side of Cayuga Lake. 607.274.4411.

Pharmacies

Green Street Pharmacy
131 East Green Street
607.882.9500

Kinney Drugs
513 North Cayuga Street
607.272.8333

Rite Aid
330 Pine Tree Road
607.273.2035
Opticians

Cayuga Optical Service
134 The Commons
607.273.4231

Classic Optical
106 Dryden Road (Collegetown)
607.273.1234

Banks and ATMs

The most convenient ATM locations to the conference locations are:

- the lobby of Kennedy Hall (near the Trillium cafeteria
- on the lower level of the Statler Hotel (the door facing Uris Hall)
- the entrance to the Cornell Campus Store (entrance facing Ho Plaza and Willard Straight Hall),

A list of campus ATM locations is available here: http://www.cornell.edu/search/index.cfm?id=871&q=&tab=facts.

It’s difficult to exchange foreign currency in Ithaca, even Canadian dollars. The main office location for Tompkins Trust Company (located on the Commons) does handle foreign currency. Your best approach is to simply use credit or ATM cards.

Fitness Facilities

In addition to facilities at hotels, campus guests may purchase a day pass for use at any of the Cornell Fitness Centers. Passes can be purchased at Helen Newman Hall, Teagle, or Noyes (present your conference badge and photo ID) for $7.00 (cash only). See http://fitness.cornell.edu/ for information on facilities and classes.

The following fitness centers also offer day rates:

Island Health & Fitness
310 Taughannock Blvd.
607.277.3861
http://islandhealthfitness.com

YMCA of Ithaca
Graham Road West (near the Ithaca Mall)
Postal and Shipping Services

Cornell Post Market
Located in the basement of the Research Building, School of Industrial and Labor Relations
Monday-Friday 8:30-3:30. Enter from the parking lot off Garden Avenue, a short walk from the Statler. Pick-up boxes for FedEx and UPS express shipping.

Drinking and Smoking Regulations

Consuming alcohol in public places in Ithaca is prohibited. New York State law prohibits smoking in public buildings and almost all workplaces. In addition, smoking is prohibited within 25 feet/8 meters of Cornell university buildings.

Restaurants and Taverns

Restaurants

There are two areas a high density of restaurants: Collegetown (just south and adjacent to the Cornell campus) and the downtown area including the Commons pedestrian mall and the two streets on either end of the Commons (Aurora, Cayuga). Some recommendations follow.

Key to restaurant pricing (approximate, excluding beverages, tax, or tip):

- $ Entrées under $10
- $$ Entrées $10-20
- $$$ Entrées generally more than $20

Collegetown and Campus Restaurants

For campus cafeterias and dining halls, see http://www.campuslife.cornell.edu/campuslife/dining/.

Aladdin’s Natural Eatery ($)  
100 Dryden Road, Ithaca  
607.273.5000
http://aladdinsithaca.com
Fresh Mediterranean food at good prices. Outdoor seating available.

Four Seasons ($)
404 Eddy Street, Ithaca
607.277.1117
Great Korean food at reasonable prices.

The Nines ($)
311 College Avenue, Ithaca
607.272.5890
http://theninesithacany.com
Pizza (great deep dish!) and sandwiches, bar, and live music several nights a week. Outdoor seating available.

Mehak Indian Cuisine ($-$ $$)
410 Eddy Street
607.256.3425
http://mehakcuisine.com/
Authentic Indian Cuisine.

Mexeo ($)
111A Dryden Road
https://www.facebook.com/Mexo
Barebones with a simple menu and only a small alcove/bench for seating (most people take out), but the best (the only) Tex-Mex inspired food in town.

Plum Tree ($-$ $$)
113-117 Dryden Road
607.256.8212
http://www.plumtreeithaca.com/
Traditional Japanese food and sushi.

Sangam Indian Restaurant ($-$ $$)
424 Eddy Street
607.273.1006
http://sangamindianrestaurant.com
Popular with locals for the lunch buffet.

Stella’s ($-$ $$)
403 College Avenue
http://www.stellasithaca.com/
The restaurant has a nice mix of small and large plates. Bar and coffee shop also.

**Taverna Banfi ($$-$$$$)**
2nd floor of the Statler Hotel
607.254.2565
http://tavernabanfi.com
Dinner menu features a Tuscan-inspired menu. Also serves as a management learning lab for students in Cornell’s School of Hotel Administration.

**Vietnam Restaurant ($)**
208 Dryden Road, Ithaca
607.273.5030
http://vietnam-restaurant.biz
Fresh and inexpensive Vietnamese food.

**Downtown and other area restaurants**

**Asia Cuisine ($-$$$)**
126 North Aurora Street, Ithaca
607.256.8818
Korean, Japanese, and Chinese all on the same menu – and all of it good.

**Bandwagon Brew Pub ($$)**
114 North Cayuga Street, Ithaca
607.319.0699
http://bandwagonbeer.com
Craft-brewed beer and pub style food in a cozy setting.

**Boatyard Grill ($$)**
525 Taughannock Blvd
607.256.2628
http://boatyardgrill.com
Located on the lake. Go here for the large bar, views, and outdoor seating. No reservations.

**Fine Line Bistro ($$-$$$$)**
404 West State Street, Ithaca
607.277.1077
http://finelinebistro.com
Comfortable but modern atmosphere, serving innovative comfort food.

**Ithaca Ale House Grill and Taproom ($-$$$)**
111 North Aurora Street, Ithaca
607.256.7977
http://ithacaalehouse.com
Pub-style food with an extensive rotating beer selection. Outdoor seating available.

**Just a Taste ($-$)**
116 North Aurora Street, Ithaca
607.277.9463
http://just-a-taste.com
Tapas restaurant and wine bar. Courtyard seating available.

**Kilpatrick's Publick House ($-$)**
130 East Seneca St.
216-4343
http://kilpatrickspub.com
Within the Hilton Garden Inn complex. Informal pub atmosphere, reasonably priced entrees. Monday – Friday happy hour drink specials and half-price appetizers at the bar.

**Madeline's Restaurant ($$$-$$$$)**
215 East State Street, Ithaca
607.277.2253
http://madelines-restaurant.com
Eclectic menu, full bar with great mixed drinks (claims to carry over 60 Scotches), and desserts to die for. Ask about gluten-free options. Outdoor seating available.

**Mahogany Grill ($$$-$$$$)**
112 North Aurora Street
607.272.1438
http://www.mahoganygrill.com/
Reliable menu that's well prepared. Nice bar with daily drink specials.

**Maxie's Supper Club and Oyster Bar ($$)**
635 West State Street, Ithaca
607.272.4136
http://maxies.com
New Orleans and southern style cooking and a lively bar. Try happy hour (4-6pm daily) for half-priced oysters and clams. Live music on Tuesdays and Sundays.

**Moosewood Restaurant ($$)**
215 North Cayuga Street (in the Dewitt building)
607.272.5327
http://moosewoodrestaurant.com
When people mention Ithaca they immediately think “Moosewood.” No reservations.

**Northstar House ($-$$)**
202 East Falls Street, Ithaca
607.216.8580
http://northstarpub.com
Neighborhood restaurant and pub. No reservations.

**Ragmann’s ($)**
108 North Aurora Street
273-5236
http://ragmannsrestaurant.com
Informal pub atmosphere, wide selection of appetizers, sandwiches, salads, and soups.

**Simeon’s on the Commons ($$-$$$$)**
224 East State Street, Ithaca
607.272.2212
http://simeonsithaca.com
Bistro-style menu and full bar. Outdoor seating available.

**Taste of Thai ($-$$)**
216 East State Street
607.256.5487
http://tasteofthaiithaca.com
Frequently voted best Thai or best Asian restaurant. Outdoor seating available.

**Viva Taqueria ($)**
101 North Aurora Street, Ithaca
607.277.1752
http://www.vivataqueria.com/
Mexican food, Ithaca-style. Sit-down or take-out, or just hang out at the bar. Outdoor seating available.

**ZaZa’s Cucina ($$$-$$$$)**
622 Cascadilla Street, Ithaca
607.273.9292
http://zazascucina.com
Italian cuisine in a plush setting.

**Taverns**

Some of the restaurants listed above are also good places to get a drink – in particular:
Bandwagon Brew Pub, Ithaca Ale House Grill and Taproom, Kilpatrick’s Publick House, Madeline’s, Maxie’s Supper Club and Oyster Bar, The Nines, Northstar House, Simeon’s, Stella’s, and Viva Taqueria.

2nd Floor Bar
119 East State Street
607.277.0291
Lively place on the Commons with pool tables, darts, foosball, and more.

Chanticleer
101 West State Street
607.272.9678
Described as an historic tavern or a total dive bar, depending on who you ask. Has pool tables. Occasional music events upstairs in the Chanticleer Loft.

Chapter House
400 Stewart Avenue
607.277.9782
A local institution — if a bit worn around the edges, and close to Cornell. Great selection of beers on tap. Pool table and foosball.

Da Westy
516 West State Street
Large outdoor seating area in back, occasional live music and beer tastings. Closed Monday and Tuesday.

Felicia’s Atomic Lounge
508 West State Street
607.273.2219
Fun and original drinks, a favorite local hangout that is also LGBT friendly. Live music Fridays and Sundays.

Pixel Lounge
107 Dryden Court
607.277.7529
Popular spot tucked away in an alley in Collegetown, close to Cornell. Good beer selection, DJs/dance music Thursday-Saturday.

Regent Lounge
1st floor of the Statler Hotel
Convenient location to meet fellow conference attendees after a day of conferencing or for a nightcap after dinner.

Silky Jones
214 East State Street
607.277.7215
Good beer selection, occasional live music, located on the Commons.

**Coffee Shops**

**Collegetown Bagels / Ithaca Bakery**
400 North Meadow Street, 415 College Avenue (Collegetown), 203 N. Aurora Street (downtown) & East Hill Plaza
Another local institution, with a large selection of sandwiches and prepared foods in addition to coffee and baked goods.

**Gimme Coffee**
430 North Cayuga Street and 506 West State Street
Ithaca’s local coffee empire – but there’s a reason for their success; they have the best coffee in town.

**Ithaca Coffee Company**
Triphammer Mall and The Gateway Commons
Both locations also sell domestic and imported beers.

**Manndible Café, Mann Library on the Cornell Campus**
607.254.6206
Manndible serves Gimme coffee, baked goods, wraps and other prepared foods to go, and burritos – often made with local and organic ingredients.

**The Shop**
312 East Seneca Street
Great coffee (from Gimme!), sunny/friendly atmosphere, and shares the space with a tattoo parlor.

**Starbucks**
130 East Seneca Street (downtown)
400 College Avenue (Collegetown)

**Supermarkets and Specialty Food Stores**

**Greenstar Cooperative Market**
701 West Buffalo Street and 215 North Cayuga Street (downtown)
Ithaca’s food coop. Both locations sell prepared foods and have in-store seating.

**P&C Fresh**
East Hill Plaza
This is the closest grocery location to the campus.

Wegman’s
500 South Meadow Street, Ithaca
607.277.5800
One of Ithaca’s largest grocery stores with extensive selection of prepared foods and in-store seating.

Shops and Malls

Ithaca Mall
40 Catherwood Road
http://theshopsatithacamall.com
Conventional American shopping mall.

Route 13 south of State Street
Strip malls and big-box chain stores.

Ithaca Commons (downtown)
State Street between Cayuga and Aurora Streets
http://www.downtownithaca.com/
Small specialty shops and galleries to go with the wide variety of restaurants.

Places to Visit and Things to Do

We’ve listed some popular options below. The Tompkins County Visitors Center has a more comprehensive list of options:

Ithaca and Immediate Area

If you only have a short time, you can visit one of Cornell’s beautiful gardens:

- Minns garden on Tower Road
- Dean’s garden directly in back of Mann Library and Warren Hall
- Walk the trail around Beebe Lake
- Farrand garden in back of the A.D. White house
- Rockwell azalea garden
Cornell Plantations
http://cornellplantations.org
A 25 acre botanical garden and 150 acre arboretum located in back of Mann Library along Beebe Lake. Start at the new Nevin Welcome Center to get an orientation to the plantations.

Cornell Laboratory of Ornithology
159 Sapsucker Woods Road, Ithaca
607.254.BIRD or 800.843.BIRD
http://birds.cornell.edu
World-famous for its research, conservation, and citizen science efforts, the “Lab of O” is worth a visit for the 4 miles/6 kilometers of trails in the Sapsucker Woods Sanctuary and visitor center. Located about 4 miles from the Cornell central campus.

Ithaca Farmers Market
Tuesdays and Thursdays in Dewitt Park
Saturdays and Sundays at Steamboat Landing on the lake
http://ithacamarket.com
Where Ithacans go to run into people they know. Great local produce, baked goods, prepared food, and arts and crafts. Check the website to verify days, hours and locations.

Museum of the Earth
1259 Trumansburg Road, Ithaca
607.273.6623
http://museumoftheearth.org
Natural history museum on the west side of the lake. One of our favorite permanent exhibits is the “Rock of Ages, Sands of Time” mural - a continuous series of paintings, each representing the passage of 100 million years.

New York State Parks
Buttermilk Falls State Park
Robert H. Treman State Park
Taughannock [pronounced tuh-GAN-ick] State Park
http://nysparks.state.ny.us/regions/finger-lakes All three boast spectacular waterfalls and hiking trails. Buttermilk Falls and Treman are closest to Ithaca, Treman is perhaps our favorite hike, and Taughannock’s falls are the highest at 215 feet.

Day Trip Destinations

Baseball Hall of Fame
Cooperstown, NY
http://baseballhall.org
For the hard-core baseball fan. Admission charged. Definitely a day trip (123mi/198k one
Cooperstown was also the family hometown of James Fenimore Cooper. For lunch, try the Doubleday Café. The Hawkeye Grill at the swank Otsega Hotel overlooks Lake Otsego, known as “Glimmerglass” in Cooper’s novels.

**Corning Museum of Glass**
1 Museum Way, Corning NY
607.937.5371
[http://cmog.org](http://cmog.org)
Exhibits of art and historical glass, the science and technology of glass-making, and glassblowing demonstrations. Admission charged, kids and teens free. Located about 40 miles / 64K west of Ithaca.

**Rockwell Museum of Western Art**
111 Cedar Street, Corning NY
607.937.5386
[Http://rockwellmuseum.org](http://rockwellmuseum.org)
An extraordinary collection of paintings and sculptures capturing the essence of the American West. Remington bronzes, painting, and drawings; iconic paintings by Russell, Bierstadt, and Catlin; historic American Indian art. Children are free, combination tickets available with the Corning Museum of Glass.

**Wineries**
The Finger Lakes Region of New York State is a well-known wine producing region. Consider visiting a few of the wineries around Cayuga or Seneca Lakes.